

FAMILY AND PARENTING

The parent is a child's first and most important teacher.

Course Description: *Family and Parenting* focuses on the significance of the family as a basic unit of society and the impact of parenting roles and responsibilities on the well-being of individuals and society. Instructional content includes family, individuals, and society; relationships; communication; multiple roles; parenting roles and responsibilities; careers; and leadership, citizenship, and teamwork.

Family, Career and Community Leaders of America (FCCLA), the co-curricular student organization, provides students with opportunities for leadership development, personal growth and school/community involvement.

Recommend Pre-Requisites: Family & Consumer Sciences (FACS) or
Personal, Academic and Career Excellence (PACE)

Recommended Credit(s): ½ to 1 credit

Recommended Grade Level: 10-11-12

Note: ½ credit courses include standards 1-5
1 credit courses include all standards

Family & Parenting**Course Standards**

- Standard 1.0** Demonstrate leadership, citizenship, and teamwork skills required for success in the family, workplace and global community.
- Standard 2.0** Evaluate the significance of family and its impact on the well-being of individuals and society.
- Standard 3.0** Evaluate the significance of commitment and the criteria for satisfying marital relationships.
- Standard 4.0** Evaluate parenthood readiness, parenting decision and the impact of parenting roles and responsibilities on the well-being of individuals, families and society.
- Standard 5.0** Examine career and occupational opportunities in the human services career pathway.
- Standard 6.0** Analyze the role of communication within the family.
- Standard 7.0** Assess the management of multiple roles within the family, workplace and community.

**Family and Parenting
Course Standards and Expectations**

Standard 1.0 Demonstrate leadership, citizenship and teamwork skills required for success in the family, workplace and global community.

Expectations and Performance Indicators:

- 1.1 Participate in the co-curricular student organization Family, Career and Community Leaders of America (FCCLA).
- 1.2 Plan family and parenting related projects and activities using the FCCLA planning process.
- 1.3 Apply leadership, citizenship and teamwork skills in the family and parenting classroom.

Standard 2.0 Evaluate the significance of the family and its impact on the well being of individuals and society.

Expectations and Performance Indicators:

- 2.1 Evaluate family functions, its effects and its societal role of teaching values, culture and traditions across the lifespan.
- 2.2 Compare and contrast family structures including cultural and social diversity.
- 2.3 Analyze the positive and negative effects of the media, technology and other global influences on families.
- 2.4 Develop a personal philosophy of one's future family as related to the individual's needs, values, goals and beliefs necessary to strengthen the family system.
- 2.5 Examine issues related to the increasing geriatric population and its intergenerational impact on families.

Standard 3.0 Evaluate the significance of commitment and the criteria for satisfying marital relationships.

Expectations and Performance Indicators:

- 3.1 Evaluate personal traits and expectations in relation to dating, engagement, marriage and family.
- 3.2 Compare and contrast love, infatuation and sexual gratification.
- 3.3 Analyze personal readiness for serious commitment and theories of attraction in mate selection.
- 3.4 Relate personal values, knowledge, beliefs and pressures to decisions regarding sexuality affecting present and future relationships.
- 3.5 Evaluate personal motivations, expectations and ideas of marriage and gender roles.
- 3.6 Examine aspects of maintaining a strong and satisfying marriage.
- 3.7 Evaluate legal and social aspects of marriage and divorce and their effects on the family.

Standard 4.0 Evaluate parenthood readiness, parenting decisions, and the impact of parenting roles and responsibilities on the well-being of individuals, families and society.

Expectations and Performance Indicators:

- 4.1 Evaluate the significance of parenthood, its roles, functions and responsibilities for meeting children's basic needs.
- 4.2 Appraise one's own readiness to be a mature parent focusing on the physical and emotional factors related to parenting.
- 4.3 Compare and contrast the effects of various parenting styles on the individual, family and society.
- 4.4 Analyze adjustments children create on personal, family and spousal relationships.
- 4.5 Examine the impact of technology on family planning and the impact of changing attitudes and values upon the role of parenting and parenthood.
- 4.6 Examine situations unique to foster parents, adoptive parents, stepparents, children of aging parents, and special needs family members.
- 4.7 Examine the causes, effects, and ways to report child abuse and neglect.
- 4.8 Evaluate agencies and informal support resources available to parents.

Standard 5.0 Examine career and occupational opportunities in the human services career pathway.

Expectations and Performance Indicators:

- 5.1 Explore ways family and consumer sciences careers assist the functioning of the family, including parent education.
- 5.2 Examine possible occupations and careers related to family studies, including geriatric-service careers, counseling options and others.

Standard 6.0 Analyze the role of communication within the family.

Expectations and Performance Indicators:

- 6.1 Determine the importance of positive and effective communication within the family.
- 6.2 Examine effective communication skills within families including positive methods of conflict resolution.
- 6.3 Examine communication problems and barriers.

Standard 7.0 Assess the management of the multiple roles within the family, workplace, and community.

Expectations and Performance Indicators:

- 7.1 Determine the impact of change and transition on the family over the lifespan, from beginning families to retirement.
- 7.2 Evaluate methods of balancing the multiple roles of family member, wage earner and community member.
- 7.3 Generate plans for identifying and effectively utilizing resources to achieve family goals.
- 7.4 Evaluate methods of coping with stress and crisis encountered by family members.
- 7.5 Analyze the effect of the aging population on society.